**All-Party Parliamentary Group on Obesity**

**Ideas for preventing obesity**

**Event details**

**Date/Location:** 30th October 2018, 10.00am, Thatcher Room, Portcullis House

**Background**

This event aims to highlight the prevention of obesity in the pathway, and to discuss ideas for preventing obesity.

**Agenda**

10.00: **Arrivals**

10.05: **Introduction from Eleanor Smith MP, co-chair of the Obesity APPG**

10.10: **Richard Sangster, Head of Obesity Policy, Department for Health and Social Care**

*What is the UK Government doing to prevent obesity, and how can people contribute to the process?*

10.15: **Dr Caroline Saunders, Scientific and Regulatory Affairs Director, Suntory Ribena**

*The science behind sweeteners – and what the soft drinks industry is doing to reduce sugar intake amongst adults and children*

10.20: **Paul Evans, Operations Director, School Health UK**

*What role do schools have in preventing obesity, and what can government do to help?*

10.25: **Dr Danny Ruta, Director of Public Health, Lewisham Council**

**Susannah Howard, STP Programme Director, Suffolk and North East Essex STP**

*How do STPs, ICSs and local authorities tackle this growing problem?*

10.35: **Questions & group discussion**

Suggested points:

* Reformulation of HFSS foods
* 9pm watershed of advertising of HFSS foods
* Full spectrum approach: children and adults
* Local government, the NHS and schools working together

10.50: **Professor Jonathan Valabhji, National Clinical Director for Obesity and Diabetes, NHS England**

*Response to comments*

10.55 Summary by Eleanor Smith MP

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**Upcoming Events Calendar**

The Obesity APPG is pleased to announce a series of exciting events over the coming months, which will aim to build on the momentum the group has built up following the launch of its report, ‘The Current Landscape of Obesity Services’.

These events will consider bold new strategies to help the Government establish a full obesity pathway, across the country, from prevention through to treatment.

**STP/ICS Meeting, December 10th/11th 2018**

* Sustainability and Transformation Partnerships (STPs) and Integrated Care Systems (ICSs) are key structures in the design and delivery of health and social care services, and will play an increasingly important role in the prevention and treatment of obesity.
* This event will build upon previous engagement with STP and local government obesity representatives.
* This upcoming meeting will determine what support is required to allow them to make provision across the whole obesity pathway. Attendees will discuss the role of STPs in working with local authorities to prevent obesity, and in supporting the delivery of obesity services, with discussion being held within the context of the APPG’s report recommendations.

**International Conference, January 14th 2018, 10.00-16.00, Attlee Suite, Portcullis House**

* The centrepiece of the Obesity APPG’s calendar this year is the International Conference, an important summit which will examine whether obesity should be recognised as a disease in the UK.
* Discussion will focus on the effects this might have on the NHS and society at large, while making comparisons to other countries which have already made this step.
* Contributors are being confirmed, but already include:
  + **Jonathan Valabhji**, National Clinical Director for Obesity and Diabetes (UK)
  + **John Wass**, Professor of Endocrinology, Oxford University (UK)
  + **Lee M. Kaplan**, MD, PhD, Director of the Obesity, Metabolism and Nutrition Institute at Massachusetts General Hospital and Harvard Medical School (US)
  + **Jen Nash**, clinical psychologist (UK)
  + **Ximena Ramos-Salas**, Managing Director, Canadian Obesity Network (Canada)
  + **Hermann Toplak**, Medical University, Graz, and former President, EASO (Austria)

**We would be delighted if you were able to attend either or both of these meetings. If you are able to attend, please notify Emma, the member of the secretariat who signed you in today. Alternatively, to RSVP via email, please confirm your attendance to** [**tom.doughty@mailpbconsulting.com**](mailto:tom.doughty@mailpbconsulting.com)**.**